



Itinerary

- Sunday February 3: Arrive at Treasure Cay Airport at 1:50 pm. Pick-up from airport and travel to Bahamas Beach Club accommodations.

- Monday, February 4: New Moon Opening Sunrise Ceremony with Gaisheda Kheawok

- Monday February 4 – Friday February 8:
 - 8:15 am – 8:45 am: Morning Meditation
 - 8:45 am – 10:00 am: Breakfast
 - 10:00 am – 1:00 pm: New Moon Imbolc Wisdom Way™ Teachings on The Element of Water, with Gaisheda Kheawok.
 - 1:00 pm – 5:00 pm: Free Time and Personal Reflection
 - 6:00 pm: Dinner

- Saturday February 9: Closing Sunrise Sacred Sound Blessing with Gaisheda Kheawok
Free Day

- Sunday February 10: **Departure**
 - 2:15 pm: Departure flight - Treasure Cay to Fort Lauderdale
 - 3:35 pm: Arrival at Fort Lauderdale Airport
 - 10:30 pm: Departure flight - Fort Lauderdale to Toronto
 - 1:39 am: Arrive at Toronto Airport